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Bleach-containing automatic toilet-bowl cleaners as sources of VOCs, associated indoor air concentrations and carcinogenic risk

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HIGHLIGHTS

- Automatic toilet-bowl cleaners were found to be sources of VOCs
- Reservoir-type products had higher VOC content than those of bowl-type
- Emission potentials are not high to cause considerable indoor air levels over their lifetimes
- Exposure in bathrooms can be well reduced with an appropriate ventilation rate
- Carcinogenic risks associated with inhalation exposure are below acceptable level

CRedit author statement

Ilknur Ayri: Writing- Original draft preparation, Investigation, Formal analysis, Visualization.

Mesut Genisoglu: Investigation, Formal analysis.

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1 **Abstract**

2 Household cleaning products are sources of volatile organic compounds (VOCs). Bleach
3 containing products are a special case because reactions occur between chloride and their organic
4 content such as surfactants, perfumes, etc., generating VOCs. This study aimed to determine
5 concentration of 13 VOCs in bleach-containing automatic toilet cleaners, to estimate their indoor
6 air concentrations and associated exposure and health risk levels. Experiments with products
7 purchased from supermarkets were conducted in 20-mL head-space vials by placing 1 g of sample
8 with and without water. Solid-phase micro extraction with a DVB/CAR/PDMS fiber assembly was
9 used for adsorption of VOCs from the headspace, and analyzed using a GC-MS. The median
10 carbon tetrachloride and chloroform concentrations of the studied products ranged from 5.03×10^{-3}
11 to 2.37×10^{-2} $\mu\text{g/g}$ and 2.53×10^{-2} to 2.37 $\mu\text{g/g}$, respectively. The modeled 95th percentile indoor
12 air concentrations in a 1.6 m^3 bathroom with no ventilation were estimated to be 1 and $20 \mu\text{g/m}^3$
13 for carbon tetrachloride and chloroform, respectively. The 95th percentile carcinogenic risk
14 associated even with the use of the highest content product, 3.72×10^{-7} and 8.62×10^{-7} for carbon
15 tetrachloride and chloroform respectively, were below the acceptable risk. In conclusion,
16 automatic toilet-bowl cleaners were found to be sources of VOCs, but their emission potentials are
17 not high to cause considerable indoor air concentrations over their suggested product lifetime. In
18 turn, carcinogenic risks associated with inhalation exposure are below the *de Minimis* risk level of
19 10^{-6} .

20
21 **Keywords.** Automatic toilet-bowl cleaners, Bleach, VOCs, Ventilation, Indoor air, Exposure-
22 risk.

1

2 **1. Introduction**

3 Volatile organic compounds (VOCs) are a major group of indoor air pollutants. There are
4 a wide variety of VOC emission sources, including consumer and commercial products, paints
5 and associated supplies, adhesives, furnishing and clothing, building materials, combustion
6 materials, and appliances (Wang et al., 2005; Bello et al., 2009). Cleaning is a common human
7 activity in order to promote hygiene, aesthetics, and material preservation (Nazaroff and
8 Weschler, 2004). Housewives spend 26 hours per week on average, and husbands spend 12.8
9 hours per week for household cleaning (Lee and Waite, 2005). The use of cleaning products
10 results in exposure to various chemicals including VOCs, and causes more than 10% of all cases
11 of adult-onset asthma (Quirce and Barranco, 2010). Exposure to VOCs can lead to acute and
12 chronic health effects. The major potential health effects include acute and chronic respiratory
13 effects, neurological toxicity, lung cancer, and eye and throat irritation, fatigue, headache,
14 dizziness, nausea, lethargy, dermatitis and depression (Wang et al., 2005; Bello et al., 2009).

15 Solutions of sodium hypochlorite (NaOCl), commonly known as bleach, are widely used
16 in households as a cleaning/disinfecting agent or included in cleaning products because of its low
17 cost, ease of use, protection provided by residual chlorine, deodorizing and strong germicide
18 activity against a wide spectrum of microorganisms, ability to clean hard surfaces, and to bleach
19 the laundry (Racioppi et al., 1994; Nickmilder et al., 2007). Many household cleaning products
20 such as mildew stain removers, toilet cleaners, cleaning sprays, gels, and scouring powders
21 contain sodium hypochlorite (NaOCl, ~5%). NaOCl may be the only active ingredient or be
22 accompanied by many other chemicals such as surfactants, fragrances, sodium silicate, sodium

1 hydroxide, antioxidants, and antifoaming agents (Odabasi et al., 2014). Organic chemicals in
2 household cleaning products may react with bleach, generating halogenated VOCs that may
3 constitute more health concern than the reactants (Odabasi, 2008; Odabasi et al., 2014).
4 Chloroform and carbon tetrachloride are the two main carcinogenic products of reactions
5 between bleach and organic ingredients of household products during shelf life, and natural
6 organic matter in water during use (Odabasi, 2008; Bondi, 2011; Odabasi et al., 2014). In
7 addition to these two compounds with chronic-toxic and carcinogenic health effects, many other
8 VOCs are associated with chronic-toxic and/or carcinogenic human health effects and
9 environmental damage.

10 Automatic toilet-bowl cleaning / anti-odor products may pose a significant source of
11 exposure because of their continuous emission potential compared to intermittent use of other
12 bleach-containing household cleaning products. There are two types of automatic toilet cleaning
13 products; in-tank and on-bowl. The two may differ in terms of the amount of emitted VOCs and
14 their composition because of the difference in contact time with water. Nonetheless, both types
15 have long durability in use, from 44 to 357 days depending on flushing frequency. Since
16 bathrooms generally have small volumes with limited ventilation, the products probably
17 contribute to the bathroom/toilet indoor air VOC levels and associated exposures that occur
18 during use.

19 Odabasi (2008) and Odabasi et al. (2014) have shown that the use of bleach-containing
20 household surface cleaning products results in significant indoor VOC concentrations. This study
21 investigates concentrations of 13 VOCs in bleach-containing automatic toilet-bowl cleaners,
22 models bathroom indoor air concentrations for various room sizes and ventilation rates, and
23 estimates lifetime carcinogenic risk associated with use of various reservoir and bowl-type

1 products. Chloroform and carbon tetrachloride were chosen as the main compounds for scenario-
2 based exposure – risk assessment. Two exposure scenarios were constructed: the mean and the
3 95th percentile scenarios as estimates of central tendency and upper bound risks.

4 **2. MATERIAL and METHODS**

5 **2.1. Samples**

6 Various automatic bleach-containing toilet-bowl cleaning products were purchased from
7 supermarkets. Available products were classified as reservoir (in-tank) and bowl (on-bowl). Six
8 products purchased from stores in Chicago, IL, USA were reservoir type, two products bought in
9 Germany and four products bought in Turkey were bowl type. To estimate VOC concentrations
10 in sole product (SP) and with water (WW), a gram of each product was placed in a 20-mL
11 headspace vial with and without 2 mL of tap water. Tap water was preferred for a supply of
12 natural organic matter. Our previous studies have shown that tap water is supplied from
13 groundwater in District of Urla and its Gulbahce village where our campus is located, and that
14 the chloroform concentrations are low, <0.5 µg/L with a median value of 0.12 µg/L in Urla
15 (Baytak et al., 2008) and 0.06 µg/L in Gulbahce. (Kavcar et al., 2006) Samples for QA/QC
16 purposes, however, were prepared with MilliQ ultrapure water.

17 **2.2. Extraction**

18 Solid-phase micro extraction (SPME) was used for collection (Arthur and Pawliszyn, 1990)
19 of VOCs emitted from product to the headspace. A Divinylbenzene / Carboxen /
20 Polydimethylsiloxane (DVB/CAR/PDMS) fiber assembly (Supelco 54378-U) was used as the
21 solid phase. Vials were closed with aluminum caps, with silicone / PTFE (35° shore A, 1.3 mm)
22 septum. Preliminary experiments were conducted to determine the time periods for experimental

1 emission period into the headspace and sorption onto the SPME fiber: 10 min, 30 min, 60 min,
2 and 24 h for emission, and 10 min, 20 min, 30 min, and 60 min for adsorption onto SPME with
3 0.5 ppb solutions prepared from a 54-compound standard, 2000 ppm each in methanol
4 (AccuStandard, M-502A-R-10X). VOC concentrations were decreased after 30 min in both of
5 the experiments, therefore, 30-min waiting period was selected for the emission and sorption
6 processes for determination of product VOC concentrations.

7 **2.3. Analysis**

8 A GC (Agilent 6890N) equipped with a mass selective detector (Agilent 5973N MSD)
9 was used for analysis of 13 VOCs (1,2-Dibromoethane, 1,2-Dichlorobenzene, 1,3-
10 Dichlorobenzene, 1,4-Dichlorobenzene, Benzene, Bromochloromethane,
11 Bromodichloromethane, Bromoform, Carbon tetrachloride, Chloroform, Dibromochloromethane,
12 Naphthalene, Tetrachloroethylene) selected based on Odabasi (2008) and Odabasi et al. (2014),
13 and availability in the calibration standard (AccuStandard, M-502A-R-10X). Ionization mode of
14 the MS was electron impact (EI). The chromatographic column was HP5-MS (30 m, 0.25 mm,
15 0.25 μm) and the carrier gas was helium at 1 mL min⁻¹ flow rate. Injection mode was splitless.
16 The inlet temperature was 250 °C. Oven temperature program was: hold for 5 min at 40 °C, ramp
17 to 200 at 5 °C min⁻¹, then to 280 °C at 10 °C min⁻¹, hold for 10 min.

18 **2.4. QA/QC**

19 A 5-point calibration, with $R^2 > 0.995$ for all compounds, was used to determine analyte
20 concentrations in ppb in MilliQ Ultrapure water. The limit of detection (LOD) of the method was
21 defined as the 3 times the standard deviation of slope of the calibration curve (Shrivastava and
22 Gupta, 2011; Sengul, 2016). LODs ranged between 7.35 ppt (bromochloromethane) and 3.76 ppb

1 for carbon tetrachloride. LOD for chloroform was 0.34 ppb. Precision of the method was
2 assessed by conducting all experiments in duplicate. Relative difference between the duplicates
3 were <30% except for 5 of the 336 analyses (1.5 %). Duplicate averages are reported and used in
4 modeling and exposure – risk estimation.

5 **2.5. Exposure and Risk Assessment**

6 Inhalation exposure to carbon tetrachloride and chloroform volatilized into
7 bathroom/toilet indoor air during product use, and associated carcinogenic risks were studied.
8 Carcinogenic risk assessment for inhalation exposure during bathroom/toilet use was conducted
9 with modeled indoor air concentrations for three room volumes with four ventilation rates.
10 Inhalation exposure and carcinogenic risk were estimated using Equations 1 and 2, respectively.

$$11 \quad \text{CDI} = \frac{C \times IR \times ET \times EF \times ED}{BW \times AT} \quad (1)$$

$$12 \quad \text{Risk} = \text{CDI} \times \text{SF} \quad (2)$$

13 where C is indoor air concentration (mg/m^3); IR is inhalation rate (m^3/h), ET is exposure time
14 (h/day), EF exposure frequency (days/year), ED is exposure duration (years), BW is body weight
15 (kg), and AT average lifetime (Asante-Duah, 2002). SF is a toxicological risk factor (0.13
16 $(\text{mg}/\text{kg}/\text{day})^{-1}$ for carbon tetrachloride and $0.031 (\text{mg}/\text{kg}/\text{day})^{-1}$ for chloroform) published in
17 Integrated Risk Information System of the US Environmental Protection Agency. Activity level
18 for toilet use was considered as sedentary-passive and corresponding mean and 95th percentile
19 IR , ET , EF , and BW values were taken from Exposure Factors Handbook (Moya et al., 2011). ED
20 and AT were considered equal to lifetime, canceling each other out. ET was assumed as equal to
21 daily time spent in bathroom (h/day) available in Exposure Factors Handbook. Time spent for

1 each toilet use was calculated by dividing the value obtained from Exposure Factors Handbook
2 by the mean number of toilet use 5.6 per day (Rossi et al., 2009). A time period of 20 s for hand
3 washing (Green et al., 2006) is added.

4 The product lifetimes are given as number of flushes on the package by producers. So,
5 the emission potential of a product over its lifetime is obtained by multiplying weight of the
6 product and the measured product VOC concentration [$\mu\text{g/g}$] divided by number of flushes.
7 Emitted VOCs were assumed to instantly and completely mixed in the bathroom/toilet volumes
8 of 1.6 m^3 , 8.9 m^3 (Mui et al., 2017) and 18 m^3 (Lévesque et al., 2002) with no ventilation as an
9 initial estimation for sole bowl-type products. For reservoir-type products and bowl-type
10 products when in contact with water, indoor air concentration was estimated based on Henry's
11 law (Equation 3) assuming VOCs dissolve into water in the reservoir from the products. The
12 ideal gas law was used to calculate their concentration in the air (Equation 4). Then, these initial
13 concentrations were modeled (Equation 5-6) with an air exchange rate of 0.5 h^{-1} and ventilation
14 rates of $25.2 \text{ m}^3/\text{h}$, $54 \text{ m}^3/\text{h}$, and $72 \text{ m}^3/\text{h}$ (Liang and Yang, 2013; Ye et al., 2017) over the
15 lifetimes specific to each product that ranged from 44 to 357 days.

$$16 \quad P_a = H \times C_w \quad (3)$$

$$17 \quad C_{ia} = MW \times P_a / RT \quad (4)$$

18 H is the Henry's constant ($\text{mol/m}^3 \cdot \text{Pa}$) (Sander, 1999), and C_w is water concentration (mol/m^3),
19 C_{ia} is indoor air concentration (g/m^3), P_a is the partial pressure (Pa), V (m^3) is room volume, R
20 ($\text{m}^3 \cdot \text{Pa} / \text{K} \cdot \text{mol}$) is the gas constant T is room temperature which is assumed to be $298 \text{ }^\circ\text{K}$ and MW
21 is the molecular weight (g/mol).

1 In order to calculate ventilated indoor air chloroform and carbon tetrachloride
2 concentrations, assumptions of complete mixing, constant ventilation and emission rates, and
3 zero outdoor concentration were made.

$$4 \quad V \frac{dC_{in}(t)}{dt} = Q (C_{out} - C_{in}(t)) + E \quad (5)$$

$$5 \quad C_{in}(t) = C_{in}(0) \exp\left(-\frac{Q}{V}t\right) + (C_{out} + \frac{E}{Q})(1 - \exp\left(-\frac{Q}{V}t\right)) \quad (6)$$

6
7 where, V is room volume (m^3), t is time (h), $C_{in}(t)$ is indoor air concentration at time t (mg/m^3), Q
8 is ventilation rate (m^3/h), C_{out} is outdoor concentration (mg/m^3), and E is the emission rate of
9 toilet-bowl cleaners (mg/h) calculated from the estimated emission potentials over the considered
10 product lifetimes.

11 The estimated concentrations were used for exposure – risk assessment. Exposure was
12 calculated for several age groups by using their mean and 95th inhalation rate values, body
13 weight, exposure time and durations, listed in Table 1. The earliest age group was 2-3 years
14 because it is when toilet training mostly starts (Horn et al., 2006). Then, summation of exposure
15 for each age group was used to calculate the lifetime carcinogenic risk estimates. The estimates
16 for reservoir-type products were based on WW sample concentrations due to constant contact
17 with water during use of product. The ratio of hand washing time to toilet use time was
18 multiplied by the WW concentration, while the remaining fraction of time was multiplied by SP
19 concentration to obtain the concentration to be used for bowl-type products, because of
20 intermittent water contact specific to this type of products.

21

1 **3. Results and Discussion**

2 In this study, automatic toilet-bowl cleaner samples were analyzed for 13 VOCs that were
3 selected based on potency and frequency/concentration among those reported by Odabasi (2008)
4 and Odabasi et al. (2014), and availability. Detection frequency of the studied 13 compounds are
5 listed in Table 2. Tetrachloroethylene and 1,2-dibromoethane were not detected in any sample,
6 whereas carbon tetrachloride and chloroform were detected in all samples with or without water.

7 **3.1. Product VOC concentrations**

8 The mean and median measured VOC concentrations in 11 products with and without
9 water, classified as reservoir and bowl type, are presented in Table 2. Majority of the VOCs
10 (nine based on the median values) were at higher levels when in contact with water for reservoir-
11 type products while about one-half of the VOCs were at higher levels when with water for bowl-
12 type products. The difference ranged from 1.5-folds (dibromochloromethane) to 46-folds
13 (benzene) for reservoir-type. Chloroform was the highest concentration compound with higher
14 levels in reservoir-type products, and when in contact with water (2.37 µg/g), followed by
15 bromoform, bromochloromethane, benzene, and carbon tetrachloride (24 – 37 ng/g). For bowl-
16 type, bromochloromethane and 1,3-dichlorobenzene were joined to not-detected-at-all
17 compounds. The difference between sole-product and with-water concentrations for the
18 remaining nine compounds was ranged from 1.2-folds (chloroform) to 44-folds
19 (bromodichloromethane). Chloroform concentration (30 ng/g) was relatively high but carbon
20 tetrachloride concentration (5 ng/g) was relatively low in bowl-type products, while the highest
21 concentration VOC was 1,4-dichlorobenzene (61 ng/g) because some of the bowl-type products
22 contained this compound as an anti-odorant. In fact, its SP concentration was higher (76 ng/g)

1 along with 1,2-dichlorobenzene (40 ng/g). The difference in concentrations between sole product
2 and with water samples could originate from either contribution of the tap water and/or reactions
3 with natural organic matter in the water, in addition to diffusion of dissolved compounds in
4 liquids being approximately three orders higher than those in solids.

5 **3.2. Bathroom/toilet indoor air VOC concentrations**

6 The initial bathroom/toilet indoor air VOC concentrations were calculated based on the
7 estimated emission potentials with no ventilation in room sizes of 1.6 m³, 8.9 m³, and 18 m³. The
8 mean and median values of the estimated concentrations for the smallest volume room, that
9 represents the worst case, are listed in Table 3 while Figures 1 and 2 show their variation.
10 Reservoir-type products result in much higher bathroom air concentrations compared to bowl-
11 type. However, even levels of those of reservoir type are lower than those reported in the
12 literature (Odabasi, 2008; Zhou et al., 2011; Odabasi et al., 2014) probably because the literature
13 reported concentrations are generally a result of cumulative effect of various emission sources
14 indoors and the amount of product per use are higher. In this study, the 95th percentile
15 chloroform and carbon tetrachloride concentrations were about 20 and 1.0 µg/m³ for reservoir-
16 type products, while both were <0.1 µg/m³ for bowl-type products. The lower concentrations
17 determined in this study are probably due to the relatively small weights of the considered
18 products that last for long periods of time in use, such as 45 to 357 days (per person), in contrast
19 to the larger sizes of household cleaning products used in all areas of the house that would result
20 in higher formation during shelf life and during use (Quirce and Barranco, 2010; Odabasi et al.,
21 2014). Moreover, presence of various other emission sources of VOCs would result in higher
22 concentration (Wang et al., 2005; Bello et al., 2009).

1 Product and indoor air VOC concentrations reported in the literature are summarized in Table
2 4. Odabasi (2008) has examined VOC concentrations resulting from the use of bleach-containing
3 cleaning products in bathroom, toilet, and hallways in an apartment. He reported that the
4 concentration of VOCs increased due to the use of these products. During application of these
5 products, chloroform concentrations were reported to vary from 2.9 $\mu\text{g}/\text{m}^3$ to 24.6 $\mu\text{g}/\text{m}^3$,
6 whereas the range was 0.25 $\mu\text{g}/\text{m}^3$ to 459 $\mu\text{g}/\text{m}^3$ for carbon tetrachloride. Concentration ranges
7 were reported for 1,4-dichlorobenzene, 1,3-dichlorobenzene, 1,2-dichlorobenzene
8 bromodichloromethane, and bromoform as 0.002-0.01 $\mu\text{g}/\text{m}^3$, 0.004-0.01 $\mu\text{g}/\text{m}^3$, 0.62-3 $\mu\text{g}/\text{m}^3$,
9 0.00-0.47 $\mu\text{g}/\text{m}^3$, 0.02-0.04 $\mu\text{g}/\text{m}^3$, respectively. Later, Odabasi et al. (2014) have investigated
10 formation of halogenated VOCs resulting from the use of various bleach-containing cleaning
11 products: plain, fragranced, and surfactant added. They reported that product chloroform and
12 carbon tetrachloride concentrations were higher for higher organic-content products, i.e.
13 fragrance and surfactant added ones. The highest chloroform concentration was reported to be
14 154 mg/L, while the lowest concentration was reported to be 0.08 mg/L. Carbon tetrachloride
15 concentrations were reported to range from 0.01 to 169 mg/L. Bromodichloromethane
16 concentration reported between 0.01 and 0.05 mg/L. The ranges for 1,2-dichlorobenzene and
17 1,3-dichlorobenzene concentrations were 0.003-30.0 mg/L and 0.004-0.02 mg/L. Son et al.
18 (2003) investigated indoor and outdoor VOC concentrations in two cities of Korea. In Asan and
19 Seoul, the mean indoor air benzene concentrations were reported as 20 $\mu\text{g}/\text{m}^3$ and 44 $\mu\text{g}/\text{m}^3$,
20 respectively. Guo et al. (2004) studied 8-hour average methylene chloride, benzene, and
21 chloroform concentrations in different indoor environments (home, office, school, restaurants,
22 shopping mall, and transportation mode). The ranges for indoor chloroform and benzene were
23 0.30-0.83 $\mu\text{g}/\text{m}^3$ and 0.50-1.18 $\mu\text{g}/\text{m}^3$, respectively. Edwards et al. (2001) reported average

1 residential indoor air naphthalene concentration as $0.64 \mu\text{g}/\text{m}^3$ in Helsinki. Shin and Lim (2017)
2 conducted a study on 15 household cleaning products. Chloroform was reported in all
3 disinfectant samples in $0.2 - 30 \mu\text{g}/\text{g}$ range, whereas carbon tetrachloride concentrations were
4 reported to range from 0.05 to $352 \mu\text{g}/\text{g}$ in 13 of the 15 analyzed samples. Product concentrations
5 were reported to be between 0.084 and $0.735 \mu\text{g}/\text{g}$ for 1,2-dichlorobenzene and between 0.007
6 and $0.077 \mu\text{g}/\text{g}$ for 1,4-dichlorobenzene.

7 Shin and Lim (2017) reported indoor air VOC concentrations in a 9.3 m^3 room with $7.2 \text{ m}^3/\text{h}$
8 ventilation rate for chlorine bleach and mildew remover use. Indoor air chloroform
9 concentrations due to the use of chlorine bleach and mildew removers were reported as 316
10 $\mu\text{g}/\text{m}^3$ and $130 \mu\text{g}/\text{m}^3$, respectively. Carbon tetrachloride concentrations for these two products
11 were given as $3690 \mu\text{g}/\text{m}^3$ and $962 \mu\text{g}/\text{m}^3$. Indoor air 1,2-dichlorobenzene and 1,4
12 dichlorobenzene concentrations were much lower ($2.54 \mu\text{g}/\text{m}^3$ and $1.92 \mu\text{g}/\text{m}^3$, and $0.11 \mu\text{g}/\text{m}^3$
13 and $0.39 \mu\text{g}/\text{m}^3$) for chlorine bleach and mildew remover products, respectively. Hence, in
14 general, the literature reported indoor air VOC concentrations, associated with use of bleach-
15 containing cleaning products, are in the order of $\mu\text{g}/\text{m}^3$ to mg/m^3 and vary several orders of
16 magnitude among the studied compounds. The estimated bathroom air chloroform and carbon
17 tetrachloride concentrations associated with the automatic toilet-bowl cleaning products
18 investigated in this study are lower than those reported in the literature, probably because these
19 products have low weights (between 40 g and 100 g) that last for long lifetimes (44 to 357 days).
20 Meanwhile, the levels of the remaining VOCs measured in this study are comparable to the
21 ranges reported in the literature.

22 Use of cleaning products may result with exposure to air pollutants by various mechanisms.
23 The volatile components present in the cleaning products may volatilize into the gas phase

1 during and after use, and may be inhaled. However, non-volatile components can also be inhaled
2 because the cleaning process itself gives liquid or solid particulate matter to the air, or because
3 the residual cleaning agents are then suspended, for example by abrasion (Nazaroff and
4 Weschler, 2004). It was reported that after mopping indoor air OH and Cl radical levels could
5 rise by photolysis of HOCl and Cl₂, which gives rise to oxidative capacity of indoor air toward
6 VOCs (Wong et al., 2017). Recently, Mattila et al. (2020) also reported that indoor/outdoor ratio
7 for measured HOCl, Cl₂, and ClNO₂ during bleaching increased to the order of 10⁴, whereas the
8 ratio was not increased considerably when no bleach was used for cleaning, and their indoor air
9 levels were BDL when there was no occupant activity. Increase in particulate matter chloride ion
10 mass from cooking was also a factor in addition to the bleach cleaning. The experimental
11 approach adopted in this study, however, have not taken these factors into consideration.

12 **3.3. Influence of ventilation rate on indoor air VOC concentrations**

13 Indoor air concentrations of chloroform and carbon tetrachloride associated with the use
14 of reservoir/bowl cleaners in three different sizes of bathrooms with various ventilation rates
15 were estimated by modeling (Equation 4). The indoor air concentrations (Section 3.2) were
16 modeled in room volumes of 1.6 m³, 8.9 m³, and 18 m³ (Mui et al., 2017) for ventilation rates of
17 0.5 h⁻¹, 25.2 m³/h, 54 m³/h, and 72 m³/h over lifetimes specific to each product (Liang and Yang,
18 2013; Ye et al., 2017).

19 Concentration box-plots at 0.5 h⁻¹, 25.2, 54, and 72 m³/h are shown in Figure 3 for the
20 considered room volumes. Effect of the increase in ventilation rate is readily observable in 1.6
21 m³ room. The 95th percentile chloroform concentration (~20 µg/m³, in 1.6 m³ room without
22 ventilation) does not considerably reduce with an air exchange rate of 0.5 h⁻¹ but reduces down

1 to $0.21 \mu\text{g}/\text{m}^3$ with a ventilation rate $72 \text{ m}^3/\text{h}$. Carbon tetrachloride concentrations at no
2 ventilation, 0.5 h^{-1} , and $72 \text{ m}^3/\text{h}$ were $0.97 \mu\text{g}/\text{m}^3$, $0.94 \mu\text{g}/\text{m}^3$, and $0.01 \mu\text{g}/\text{m}^3$, respectively. It is
3 only possible to remove 5% of the substances in the room air at a ventilation rate of 0.5 h^{-1} , while
4 98% of the substances can be removed at a ventilation rate of $72 \text{ m}^3/\text{h}$. Exposure to these
5 substances can therefore be reduced with appropriate ventilation rate to low levels relative to
6 those reported in the literature (Odabasi, 2008; Odabasi et al., 2014; Shin and Lim, 2017). The
7 contribution of automatic toilet-bowl cleaning products to indoor air levels are not considerable
8 compared to household cleaning products even in small bathrooms with limited ventilation.

9 **3.4. Carcinogenic risk assessment**

10 Risk levels in this study were estimated for two exposure scenarios: the mean and 95th percentile.
11 As for the concentrations, the lowest risk occurs in the largest room volume with the highest
12 ventilation rate, while the highest value occurs in the lowest volume and the lowest ventilation
13 rate. Because the concentrations, and in turn the risks, are low, all below the acceptable risk level
14 of one-in-a-million, the 95th percentile risk values for the lowest-volume (1.6 m^3) bathroom with
15 lowest ventilation (0.5 h^{-1}) are given for all studied products in Table 5. All carcinogenic risk
16 values in the other studied bathroom volumes and ventilation rates are lower, therefore, Table 5
17 represents the worst case for 11 of the 12 products with a measurable chloroform and carbon
18 tetrachloride content. The highest risk estimated for a reservoir-type product (8.62×10^{-7}) is close
19 the acceptable risk of 1.00×10^{-6} , and lower than those reported by Odabasi et al. (2014) who
20 considered surface-cleaning-product use by housewives.

21 **4. Conclusion**

1 This study investigated VOC concentrations in bleach-containing automatic toilet-bowl cleaning
2 products purchased from Germany, Turkey, and USA. Two of the studied 13 compounds were
3 not found in any product while all products contained carbon tetrachloride and chloroform.
4 Between the two types of products, reservoir-type had higher VOC concentrations compared to
5 that of bowl-type. The modeled bathroom indoor air chloroform and carbon tetrachloride
6 concentrations for use of the products are much lower than those reported in the literature even in
7 the smallest room with the lowest ventilation among three room sizes (1.6 m³, 8.9 m³ and 18 m³)
8 and four ventilation rates (0.5 h⁻¹, 25.2 m³/h, 54 m³/h, and 72 m³/h). Overall, automatic toilet-bowl
9 cleaners were found to be sources of VOCs but their emission potentials are not high to cause
10 considerable indoor air concentrations over their suggested product lifetime. In turn, carcinogenic
11 risks associated with inhalation exposure are below the *de Minimis* risk level of 10⁻⁶.

12

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18 on the early versions of this MS.

19

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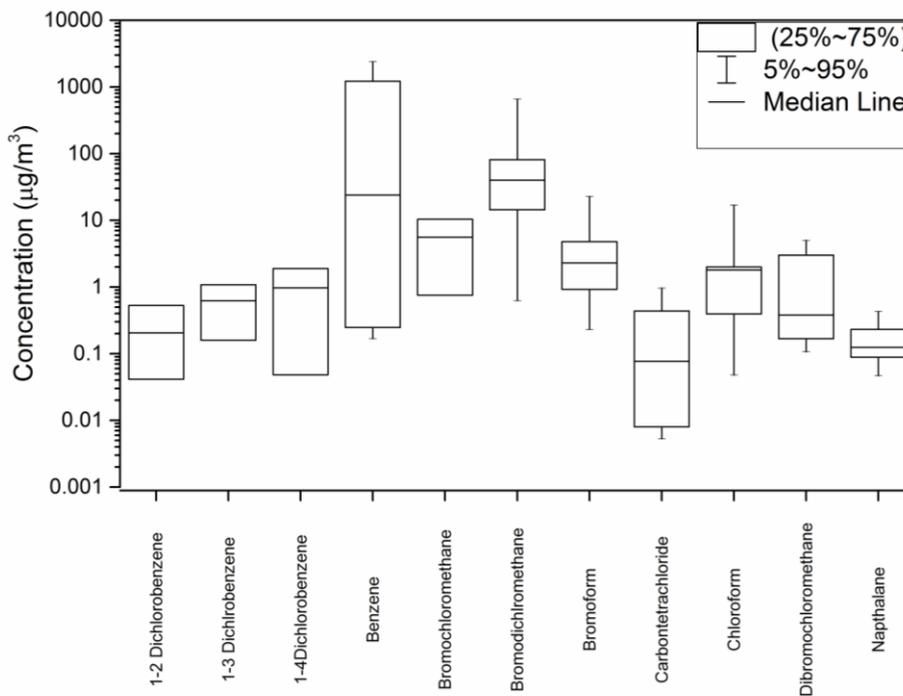
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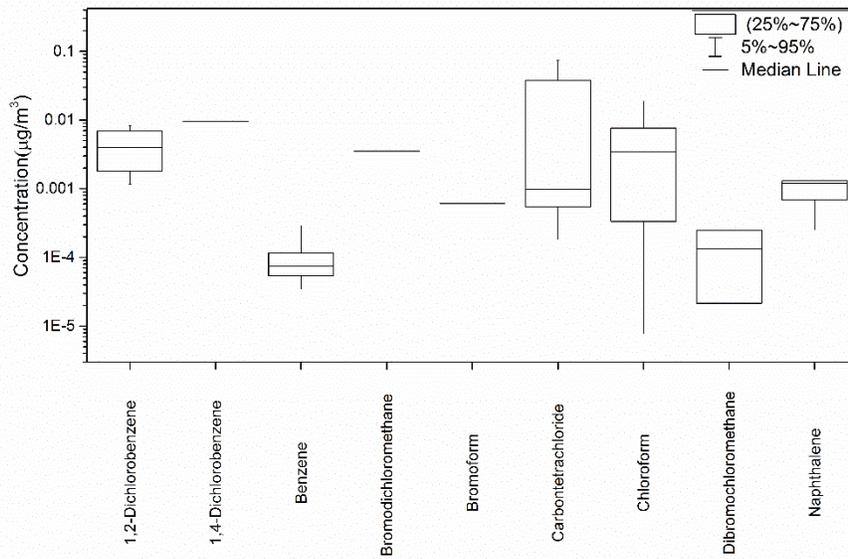
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10 FIGURES



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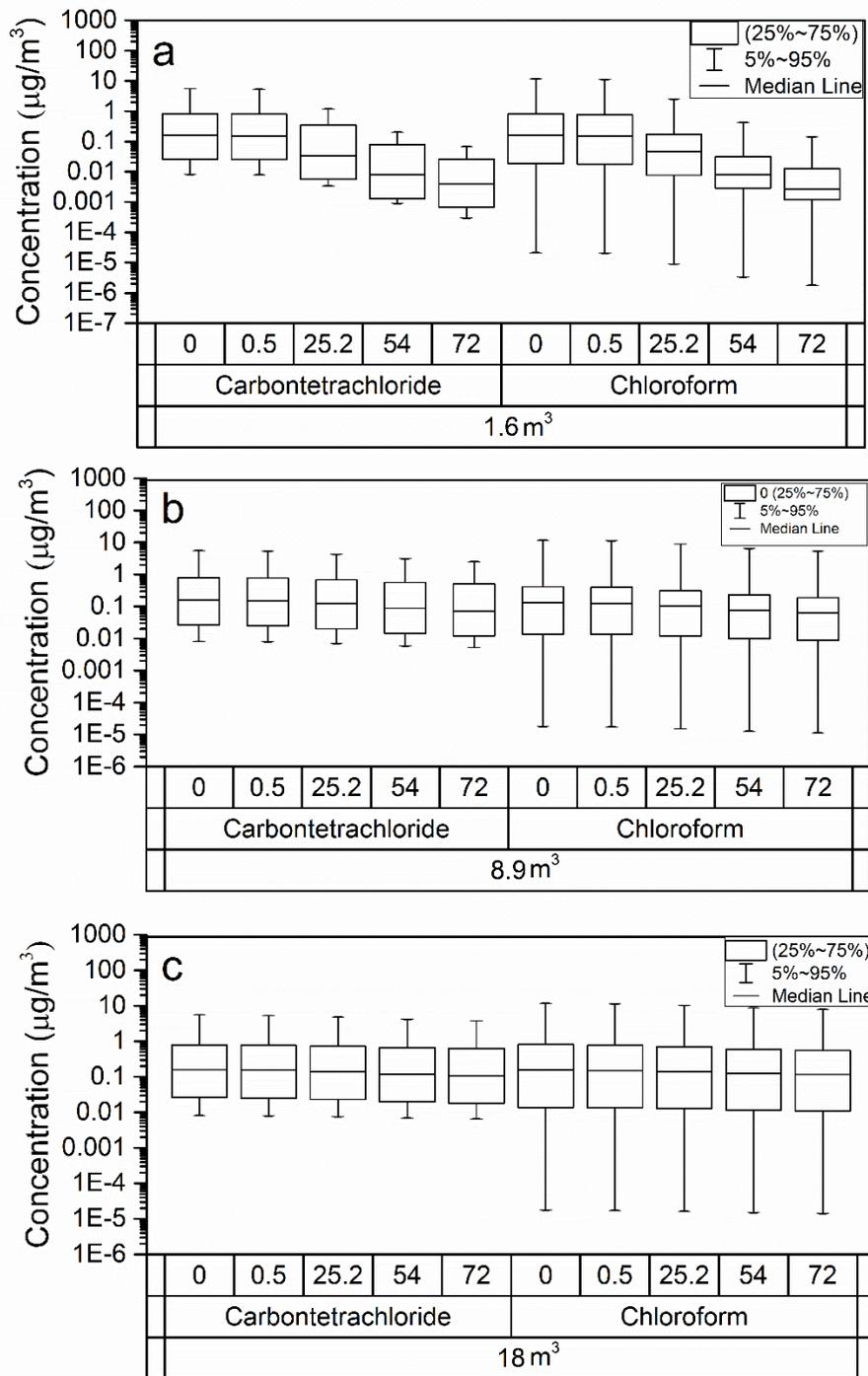
12 Figure 1. Concentration variation in a 1.6 m³ bathroom due to use of various reservoir-type
13 products



1

2 Figure 2. Concentration variation in a 1.6 m^3 bathroom due to use of various bowl-type products

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1
 2 Figure 3. Indoor carbon tetrachloride and chloroform concentrations for varying ventilation rates
 3 in (a) 1.6 m^3 , (b) 8.9 m^3 , and (c) 18 m^3 bathrooms

1 **TABLES**

2 Table 1. Variable values used in inhalation exposure estimation^a

Age Group	Mean IR ^b (m ³ /h)	95 th p. ^c IR (m ³ /h)	BW ^d (kg)	ET ^e (h/day)	ED ^f (yr)
2-3	0.288	0.390	13.8	0.38	1
3-6	0.270	0.348	18.6	0.40	3
6-11	0.288	0.384	31.8	0.40	5
11-16	0.324	0.450	56.8	0.41	5
16-21	0.318	0.432	71.0	0.55	5
21-31	0.252	0.390	71.0	0.55	10
31-41	0.258	0.396	71.0	0.55	10
41-51	0.288	0.420	71.0	0.55	10
51-61	0.300	0.438	71.0	0.55	10
61-71	0.294	0.438	71.0	0.55	10

^a EF=365 day/yr.

^b Inhalation rate, ^c 95th percentile, ^d body weight, ^e exposure time, ^f exposure duration

3

Table 2. Measured VOC concentrations in the studied products ($\mu\text{g/g}$)

Compound	Product Type											
	Reservoir						Bowl					
	Sole Product			With Water			Sole Product			With Water		
n ^a	Mean	Median	n	Mean	Median	n	Mean	Median	n	Mean	Median	
1,2-Dibromoethane	1	BDL ^b	BDL	2	BDL	BDL	1	BDL	BDL	1	BDL	BDL
1,2-Dichlorobenzene	5	6.80×10^{-3}	7.12×10^{-4}	3	1.79×10^{-3}	1.44×10^{-3}	4	3.86×10^{-2}	4.0×10^{-2}	3	1.17×10^{-2}	2.90×10^{-3}
1,3-Dichlorobenzene	1	2.03×10^{-2}	2.03×10^{-2}	2	2.10×10^{-3}	2.10×10^{-3}	0	BDL	BDL	0	BDL	BDL
1,4-Dichlorobenzene	1	3.95×10^{-3}	3.95×10^{-3}	2	1.78×10^{-2}	1.78×10^{-2}	1	7.60×10^{-2}	7.60×10^{-2}	1	6.10×10^{-2}	6.10×10^{-2}
Benzene	4	2.13×10^{-3}	6.52×10^{-4}	5	1.07	3.02×10^{-2}	5	9.22×10^{-4}	5.44×10^{-4}	5	8.34×10^{-4}	7.68×10^{-4}
Bromochloromethane	2	1.15×10^{-2}	1.15×10^{-2}	2	3.57×10^{-2}	3.57×10^{-2}	2	BDL	BDL	3	BDL	BDL
Bromodichloromethane	6	9.82×10^{-3}	5.59×10^{-3}	6	7.87×10^{-2}	1.56×10^{-2}	1	4.08×10^{-4}	4.08×10^{-4}	3	1.73×10^{-2}	1.80×10^{-2}
Bromoform	6	3.19×10^{-2}	6.48×10^{-3}	7	7.76×10^{-2}	3.74×10^{-2}	1	4.41×10^{-3}	4.41×10^{-3}	5	2.80×10^{-2}	2.92×10^{-2}
Carbon tetrachloride	7	1.86×10^{-2}	8.59×10^{-3}	7	8.75×10^{-2}	2.37×10^{-2}	4	1.39×10^{-1}	7.44×10^{-3}	4	2.72×10^{-2}	5.03×10^{-3}
Chloroform	7	1.33	3.06×10^{-1}	7	9.37	2.37	5	4.80×10^{-2}	2.53×10^{-2}	5	2.70×10^{-1}	2.97×10^{-2}
Dibromochloromethane	6	1.27×10^{-2}	2.47×10^{-3}	7	1.14×10^{-2}	3.74×10^{-3}	2	1.02×10^{-3}	1.02×10^{-3}	5	1.52×10^{-2}	1.47×10^{-2}
Naphthalene	5	4.93×10^{-3}	2.91×10^{-3}	6	4.36×10^{-3}	2.61×10^{-3}	4	8.40×10^{-3}	9.92×10^{-3}	2	8.18×10^{-3}	8.18×10^{-3}
Tetrachloroethylene	1	BDL	BDL	1	BDL	BDL	1	BDL	BDL	2	BDL	BDL

^a Number of samples detected, ^b BDL: Below detection limit

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Table 3. Estimated indoor air VOC concentrations ($\mu\text{g}/\text{m}^3$) in a 1.6 m^3 bathroom with no ventilation

Compound	Product Type			
	Reservoir		Bowl	
	Mean	Median	Mean	Median
1,2-Dibromoethane	BDL ^a	BDL	BDL	BDL
1,2-Dichlorobenzene	0.259	0.205	4.35×10^{-3}	4.0×10^{-3}
1,3-Dichlorobenzene	0.621	0.621	BDL	BDL
1,4-Dichlorobenzene	0.973	0.973	9.50×10^{-3}	9.50×10^{-3}
Benzene	6120	24	1.14×10^{-4}	7.48×10^{-5}
Bromochloromethane	5.59	5.59	BDL	BDL
Bromodichloromethane	1390	40.2	3.50×10^{-3}	3.50×10^{-3}
Bromoform	5.33	2.31	6.06×10^{-4}	6.06×10^{-4}
Carbon tetrachloride	0.228	0.077	1.90×10^{-2}	9.78×10^{-4}
Chloroform	3.36	1.80	6.01×10^{-3}	3.48×10^{-3}
Dibromochloromethane	1.41	0.38	1.36×10^{-4}	1.36×10^{-4}
Naphthalene	68.7	0.179	9.94×10^{-4}	1.21×10^{-3}
Tetrachloroethylene	BDL	BDL	BDL	BDL

^a BDL: Below detection limit

4

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1 Table 4. Summary of product and indoor air VOC concentrations reported in the literature

Compound	Microenvironment or Product(s)	Concentration	Reference
1,2-Dichlorobenzene	Bathroom toilet and hallway	0.62-3 ^b µg/m ³ 1.4±0.85 ^a µg/m ³	Odabasi, 2008
	Product concentration	0.084-0.735 ^b mg/kg	Shin and Lim, 2017
	Product concentration	0.003-0.03 ^b mg/L 0.014± 0.006 ^a mg/L	Odabasi et al., 2014
	Modeled indoor concentration	1.57-2.54 ^b µg/m ³	Shin and Lim, 2017
1,3-Dichlorobenzene	Bathroom toilet and hallway	0.004-0.01 ^b µg/m ³	Odabasi, 2008
	Product concentration	0.004-0.02 ^c	Shin and Lim, 2017
	Predicted concentration	4-20 ^b µg/m ³	Odabasi et al., 2014
1,4-Dichlorobenzene	Bathroom toilet and hallway	0.002-0.01 ^c µg/m ³ 0.005±0.004 ^b µg/m ³	Odabasi, 2008
	Product concentration	0.007-0.077 ^c mg/kg	Shin and Lim, 2017
	Modeled indoor concentration	0.11-0.39 ^c µg/m ³	Shin and Lim, 2017
Bromodichloromethane	Bathroom toilet and hallway	0.22-0.47 ^c µg/m ³ 0.34±0.09 ^b µg/m ³	Odabasi, 2008
	Product concentration	0.01-0.05 ^c mg/L 0.02±0.012 ^a mg/L	Odabasi et al., 2014
Bromoform	Bathroom toilet and hallway	0.02-0.04 ^c µg/m ³ 0.03±0.01 ^b µg/m ³	Odabasi, 2008
Benzene	Living room	20 ^a µg/m ³	Son et al., 2003
		40 ^a µg/m ³	
Carbon tetrachloride	Home, office school, restaurant	0.50-1.18 ^c µg/m ³	Guo et al., 2004
	Bathroom toilet and hallway	0.25-459 ^c µg/m ³ 55.2±144 ^b µg/m ³	Odabasi, 2008
	Product concentration	0.01-169 ^c mg/L	Odabasi et al., 2014
	Modeled indoor concentration	82±194 ^b µg/m ³	Odabasi et al., 2014
	Product concentration	0.05-352 ^c µg/g	Shin and Lim, 2017
	Modeled indoor conc.	1100-3690 ^c µg/m ³	Shin and Lim, 2017
Chloroform	Home, office school, restaurant	0.30-0.80 ^c µg/m ³	Guo et al., 2004
	Bathroom toilet and hallway	2.9-24.6 ^c µg/m ³ 9.5±6.7 ^b µg/m ³	Odabasi, 2008
	Modeled indoor concentration	0.5-1030 ^c µg/m ³ 34±123 ^b µg/m ³	Odabasi et al., 2014
	Product concentration	0.08-154 ^c mg/L 9.5±29 ^b mg/L	Odabasi et al., 2014
	Product concentration	0.2-30 ^c mg/kg	Shin and Lim, 2017
	Modeled indoor concentration	130- 316 ^c µg/m ³	Shin and Lim, 2017
	Bathroom toilet and hallway	0.11-0.24 ^c µg/m ³ 0.18±0.05 ^b µg/m ³	Odabasi, 2008
Naphthalene	Residential indoor	0.64 ^a µg/m ³	Edwards et al., 2001

^a Average

^b Average ±SD (SD=Standard Deviation)

^c Range

1 Table 5. The 95th percentile carcinogenic risk levels associated with use of automatic toilet
 2 cleaning products

Product	Product Type	95 th percentile carcinogenic risk	
		Chloroform	Carbon tetrachloride
Product 1	Reservoir	9.12×10^{-8}	2.05×10^{-9}
Product 2	Reservoir	2.43×10^{-9}	3.10×10^{-9}
Product 3	Reservoir	2.37×10^{-8}	1.68×10^{-7}
Product 4	Reservoir	1.01×10^{-7}	2.97×10^{-8}
Product 5	Reservoir	2.00×10^{-8}	3.64×10^{-8}
Product 6	Reservoir	8.62×10^{-7}	3.72×10^{-7}
Product 7	Reservoir	9.32×10^{-8}	3.81×10^{-9}
Product 8	Bowl	8.74×10^{-10}	8.09×10^{-10}
Product 9	Bowl	6.27×10^{-11}	1.05×10^{-9}
Product 10	Bowl	9.73×10^{-10}	3.81×10^{-8}
Product 11	Bowl	2.17×10^{-9}	1.55×10^{-10}
Product 12	Bowl	NA*	NA*

*Due to BDL

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